

The Mamad Checklist

HABAYIT SHELI · A SAFE ROOM THAT WORKS AS A ROOM AND A SHELTER



For safety requirements, always follow the latest Home Front Command (Pikud HaOref) guidance on its official website and app. This checklist covers organizing and comfort. It doesn't replace official instructions.

1 · Door and window: always ready

- ☐ Nothing in the steel door's swing path (furniture, bins, laundry racks)
- ☐ Nothing on the window sill or in the shutter track
- ☐ Curtains slide away easily
- ☐ Everyone at home, kids included, can close the door and window
- ☐ "Close-up drill" done after any rearranging

2 · Room for everyone

- ☐ The whole household (plus a guest) can sit at once
- ☐ Bed against the wall. Slim desk. Tall, narrow or wall storage
- ☐ Clear path from the door to the seating area
- ☐ Nothing heavy stacked where it could fall

3 · Set up by use

Bedroom: ☐ bed placed clear of door and window ☐ under-bed drawers ☐ wardrobe on the solid wall
☐ lamp or flashlight by the bed ☐ slippers by the door **Kids' room:** ☐ low, lidded toy bins ☐ floor clear at bedtime **Office:** ☐ chair tucks in fully ☐ cables off the floor ☐ papers in closed boxes ☐ folding chairs or floor cushions stored nearby **Storage:** ☐ one wall of sturdy shelving ☐ light, rarely used items up high ☐ seating area always free ☐ true overflow moved to the machsan or let go

4 · The emergency shelf

One shelf or one lidded, labeled box that never gets "borrowed." Base it on current Home Front Command recommendations. Typically:

- ☐ Drinking water
- ☐ Flashlight and spare batteries
- ☐ Battery-powered radio
- ☐ Charged power bank and cables
- ☐ First-aid kit and essential medications
- ☐ Copies of important documents
- ☐ Long-life snacks
- ☐ Something for kids (book, cards, small toy)
- ☐ Baby or pet supplies, if relevant

Last checked: _____ · Next check (every season change): _____

5 · Make it feel like a room

- ☐ Warm lamp, not just the ceiling light
- ☐ Rug, curtains, throw and cushions (comfortable for floor sitting too)
- ☐ Lightweight art or a picture ledge (ask before drilling, especially in a rental)
- ☐ Light, calm palette
- ☐ A low-light plant

6 · The 20-minute mamad reset

Step	Time	✓
Clear the door swing and the window	2 min	☐
Pull everything off the floor that doesn't belong	5 min	☐
Return items to their zones	5 min	☐
Check the emergency shelf	5 min	☐
Fluff, light, done	3 min	☐

Want it done for you? *The Reset & Style Session* · one room · about 3 hours · ₪790 fixed Decluttered, organized and styled so your mamad works both ways.

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